

# BUDBROOKE MEDICAL CENTRE



## Surgery Newsletter- June 2018

### Sun safety

*Thinking about sunburn all the time..*

We are getting to that time in the year again where the skies are blue, the sun is warm but are you taking enough care of your skin? Don't rely on sunscreen alone to protect yourself from the sun. Wear suitable clothing and spend time in the shade when the sun's at its hottest.

NHS top tips

- Spend time in the shade between 11am-3pm
- Make sure you never burn
- Cover up with suitable clothing and sunglasses
- Take extra care with children
- Use at least factor 15 sunscreen

*We hope all our patients have a happy and relaxing summer.*

Find out more on the NHS website



### Have you followed our social media?

Like us on Facebook at 'Budbrooke Medical Centre'



Keep up to date with our social media and website to ensure you are aware of all of our key and new information.

It is a great way to find out what is going on at your GP Surgery.

Follow us on Twitter at 'Budbrooke MC1'



### Budbrooke Patient Participation Group

The PPG (patients, doctors and surgery staff) meet every two months at the Surgery to discuss matters arising. Full details about the PPG (constitution, meeting minutes, etc.) are available in the surgery on the PPG **notice board** or on the **Budbrooke Medical Centre website**. If you would like further information on the PPG or would be interested in joining as a patient representative please contact **Sarah Davies** on **01926 403800**.

The PPG also has its own email address ([budbrookPPG@budbrookemc.nhs.uk](mailto:budbrookPPG@budbrookemc.nhs.uk)) for patients to contact the PPG directly with any queries or issues that they would like raised at the PPG meetings.

**Our next meeting is 10<sup>th</sup> July 2018 at 1pm**

### GDPR

#### Are you GDPR aware?

On 25<sup>th</sup> May 2018 the Data Protection Act 1998 will be superseded by The General Data Protection Regulations (GDPR).

GDPR will become the new legislation on personal data.

The government has confirmed the UK's decision to leave the EU will not affect the commencement of the GDPR.

Our staff are currently being trained on this new legislation as it has a massive impact on General Practice and confidentiality. Read our GDPR privacy notice on our website under the "Patient Resources" section.



## **Late appointments now available**



- Monday nights (GP's 6:30-8pm Nurses 6:30-7:30pm)
  - Pre-bookable appointments
    - Online availability
  - Telephone appointments

### Privacy policy- UPDATED

You can find our updated Privacy Policy 2018 under patient resources and your data/GDPR on our website. Please take a look at this.

### Repeat prescriptions

We cannot take repeat prescriptions over the telephone. All requests must be online, email, filled in repeat slips or coming into the surgery and requesting them. If you have a prescription query then please call the dispensary directly on **01926403881**

Please use the following email addresses to send repeats too:

[enquiries@budbrookemc.nhs.uk](mailto:enquiries@budbrookemc.nhs.uk)

Or

[dispensary@budbrookemc.nhs.uk](mailto:dispensary@budbrookemc.nhs.uk)

**Please allow 2 working days before attempting collection**

### Blood appointments

For patients who decide to attend Warwick or Stratford hospital for their blood tests you can now book your appointment online.

Please book on your computer, laptop or mobile through [www.swft.nhs.uk](http://www.swft.nhs.uk) then type into Blood Tests, select 'Blood tests (phlebotomy)' and then book at either Warwick or Stratford.

Please be aware that we have regular phlebotomy clinics at the surgery with our health care assistants Amy, Lisa and Erin.

### Medical Students

We have medical students training at the practice. We would like your co-operation in teaching these young enthusiastic individuals however if you do not want them present in your appointment please let the reception team know and they can let the GP you are seeing know.

Thank you to our patients who have supported our medical students study.

### Appointments

Please can all patients cancel any appointments in advance when it is not needed. You can cancel by phone or online.

This enables other patients to book and attend your appointment.

**We would like to minimise the amount of unattended appointments at Budbrooke.**

### Patient Online Services

From 1<sup>st</sup> April 2016 you will be able to, if you wish, view your coded Medical Records online via "Patient Access". Being able to see your Medical Records online might help you to manage your medical conditions, it also means that you can book appointments and order repeat prescriptions from anywhere in the world, should you need to.

For more information go to [www.budbrookemedicalcentre.co.uk](http://www.budbrookemedicalcentre.co.uk)

### Have you had your NHS Health check yet?

Anyone between the ages of **40-74** is eligible for their FREE NHS health check with the nurse. It is a 20 minute appointment with Sally or Joy. Call reception today to find out if you are eligible!