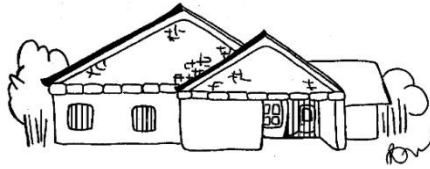


BUDBROOKE MEDICAL CENTRE



Surgery Newsletter- October 2017

Extended hours at Budbrooke medical centre

Did you know you can get an appointment at Budbrooke medical centre between 6.30pm- 8pm on Mondays?

Starting Monday 2nd October 2017

There will be doctor appointments from 6.30-8pm, and nurse appointments from 6.30-7.30pm

These appointments are pre-bookable only so please call and book an appointment



Have you followed our social media?

Like us on Facebook at 'Budbrooke Medical Centre'



Keep up to date with our social media and website to ensure you are aware of all of our key and new information.

It is a great way to find out what is going on at your GP Surgery.

Follow us on Twitter at 'Budbrooke MC1'



Budbrooke Patient Participation Group

The PPG (patients, doctors and surgery staff) meet every two months at the Surgery to discuss matters arising. Full details about the PPG (constitution, meeting minutes, etc) are available in the surgery on the PPG notice board or on the Budbrooke Medical Centre website.

If you would like further information on the PPG or would be interested in joining as a patient representative please contact Sarah Davies on 01926 403800.

The PPG also has its own email address (budbrookPPG@budbrookemc.nhs.uk) for patients to contact the PPG directly with any queries or issues that they would like raised at the PPG meetings.

Our next meeting is 14th November at 1pm

Medicals at Budbrooke Medical Centre

Are you aware we offer a variety of Medicals here at the Surgery with Dr Henry White.

These include HGV Medicals, Taxi Medicals, and Aviation (Class 2) medicals. However we do cover many more.

If you or a friend or family member is looking at one of these medicals please contact Reception on 01926 403800 (Option 1) for more information on our reasonable prices.

Breast Cancer Awareness Month

Here at Budbrooke we keep a wealth of information about the breast screening and advice to women on checking themselves.

Whatever your age, it's good to get into the habit of checking. The risk of breast cancer increases with age, so if you are over 50, you'll get an invitation for free breast screening every three years up to the age of 70. And remember if you're over 70 you are still entitled to free breast screening- just ask your local screening service or doctor.

There is information online regarding checking your breasts see below for the link.

<http://www.nhs.uk/chq/Pages/1740.aspx?CategoryID=60&SubCategoryID=182>

**Book Online if
you're eligible**

Flu season... continues!

Book Online!

Influenza vaccinations are given at the surgery to
-anyone aged 65 and over
-pregnant women

-children and adults with an underlying health condition (particularly long-term heart or respiratory disease)
-children and adults with weakened immune systems

Anyone in these risk groups is more likely to develop potentially serious [complications of flu](#), such as [pneumonia](#) (a lung infection), so it's recommended that they have a flu vaccine every year to protect them.

Please see our website or telephone the surgery if you are eligible.

We will be holding flu vaccination sessions here beginning 14th of Sept. We will not be sending out invitation letters this year so please telephone in September to book in to see one of the nurses. We also will be holding a Saturday clinic for patients who cannot get here during the week.

You can also book your flu appointment online!

Appointments **56 DNA'S in September**

In September we had 56 DNA appointments.

National policy is to encourage patients to expect to be seen within a certain time frame. This creates pressure on appointment availability. As a practice we would like to reduce the rate of DNA's (Did Not Attend). The practice operates a system that records all failures to attend appointments in the patient's clinical records as a matter of good medico-legal practice.

Family and Friends Test

We would like to know what you think about our service. This is in the format of a questionnaire given out to patients in reception. Patients should fill this out after each appointment so the answers reflect their recent experience. You may be asked to fill this questionnaire out on numerous occasions but that is because you will have different experiences each time. The whole of the NHS is taking part in this and it is important we know what you think.

Patient Online Services

From 1st April 2016 you will be able to, if you wish, view your coded Medical Records online via "Patient Access". Being able to see your Medical Records online might help you to manage your medical conditions, it also means that you can book appointments and order repeat prescriptions from anywhere in the world, should you need to.

For more information go to www.budbrookemedicalcentre.co.uk

Have you had your NHS Health check yet?

Anyone between the ages of 40-74 are eligible for their FREE NHS health check with the nurse. It is a 20 minute appointment with Sally or Joy. Call reception today to find out if you are eligible!